

***** Sense of a Goose - Advenire newsletter / 1st of october 2001 *****

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Your input, ideas, tips, articles and other contributions are welcome to:
feedback@advenire.com

***** The Quote

" No matter how much others like what you do, you will not be happy until what you do is true for yourself and you do your best to show it to the world" (unknown)

***** News from Advenire!

We have successfully launched a new program called Teambuilding Light. Around two hours of exercises to get to know each other better and have fun together, more than digging deep for emotions and personal growth. We even have fun ourselves doing it! Recently we did a very appreciated session with Ericsson with representatives from the Nordic countries. Contact us at info@advenire.com for more information!

***** Tips in brief – Mindmapping!

About mindmapping, a good method for remembering and learning more efficiently, a lot has been written. Here are a couple of short steps on the way:

1. Skim through the main points in the text you wish to consume
2. Prepare a mindmap
3. Don't just read faster, rather read smarter
4. Write down import facts in your map (mindmap)
5. Go through all your notes and when you have finished the book or something else that you are reading, re-draw your mindmap if you feel it needs to be simplified.
6. Tonite, a little while before you go to bed, play some soft, relaxing music. Take another look at your mindmap, go through the important bits and try to visualize them. Focus on associations – because the state right before going to sleep is important for the learning process.

(Source: Mapping InnerSpace by Nany Marguiles, published by Zephyr Press. More about this method at: <http://www.lerniversum.com/Lerniversum/English/Learn/Tech/map.html>)

***** A definition – of competence!

Competence is defined as the sum of the KNOWLEDGE we have + the WILL to use that knowledge + the ABILITY to use the very same knowledge.

(From "Leader or just the boss" by Lars Hessner)

***** Concepts of the new economy – what do they really mean?

Here is little cheat-sheet for understanding some concepts of worklife in the "new age" which is either ironic, fun or just plain frightening.

Lunch = break of a maximum of 30 minutes

Vacation = a two-hour lunch

Part-time job = 40 hours a week

Workplace = home or in the car

Nine to five = from nine in the morning til five the next morning

Early retirement = 35 years in Silicon Valley, 70 years everywhere else

(Source: Challenger, Gray & Christmas)

***** Exercise – Communication and motivation!

Split your group (if you have a group at hand or are working with one) into pairs. Explain that the pairs are on a deserted island. One is Friday and the other is Robinson. It is now the task of Robinson to explain to Friday what a bicycle is. Robinson can use whatever means he wishes to, but clearly point out that Friday should originate from the standpoint that he knows nothing about for example what a chain is, a wheel, a saddle or handle bars. Give the pairs 5-10 minutes for this task and the talk about how things went. Can be used for example for a discussion about motivation to learn new things. Did it help Friday when he found out what the use of a bike is?

***** Poem from India!

The day today is a remarkable day
It is yours
Yesterday fell out of your hands
You can not give it more context
than you already have given it
Tomorrow you know nothing about
Make that of use
Today you can help somebody
Today you can help another
The day today is a remarkable day
It is yours.

***** To the point!

All communication happens on the terms of the listener...

***** Article - Trust!

This month's article is written by Markus Eriksson and is about trust as an emotion and as concept. Many trainings today (including our own) is about building trust in individuals and between them in teams. So this is a look at different aspects of this word that we often use, that might straighten a few things out, but will also offer you a few things to ponder. You can find the article at www.advenire.com/english/newsletter/articles/trust.html, where you can also download it as a PDF-file.

***** Perspective!

- Albert Einstein did not speak a word before the age of four and could not read until the age of seven. His teachers described him as "mentally slow, socially handicapped and forever lost in his daydreams".
- Beethoven handled the violin very poorly and preferred playing his own compositions rather than improving his technique. He was labeled as beyond saviour as a composer by his teacher.
- Leo Tolstoy, author of the classic "War and Peace", was thrown out of university and regarded as "both incapable and unwilling to learn".
- Louis Pasteur, was average in his first years at university and was ranked 15th out of 22 in his class in chemistry.

***** Questions – for reflection together with others!

1. For what in your life are you most grateful?
2. If you knew there would be a nuclear war in a weeks time, what would you do?
3. If you could have an all-expenses paid vacation anywhere in the world, would you be willing to pull the wings off a butterfly to get it? How about stepping on a cockroach?
4. Would you be willing to kill an innocent person if you knew that it would end all the food starvation in the world?
5. If you could spend a year in complete and perfect happiness, but would not remember a thing about it afterwards, would you do it? If no, why not?

***** Editorial and subscription

Advenire offers trainings and seminars on five continents, facilitating growth for people and organizations of all ages, nationalities and backgrounds. We excel at teambuilding, leadership and personal development.

Our newsletter "Sense of a Goose" is distributed via email six times a year and is for free.
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